



HIGHLIGHTS OF ANTARCTICA EXPEDITION - FLIGHTS INCLUDED

Breathtaking icescapes Marvel at colossal glaciers and icebergs on this incredible Antarctica expedition cruise. Experience nature's majesty as we navigate ever-changing icescapes on our hybrid-powered ship. Your Expedition Team will bring you close to your stunning surroundings on ice-cruising and landing activities. Antarctic wildlife It's a busy time for the wildlife of Antarctica between November and March. In October and November, penguins court and nest, while December and January are when penguins hatch. February and March offer peak whale-watching opportunities.



ITINERARY

Day 1-2 The beat of Buenos Aires

Feel the rhythm of bustling Buenos Aires

Your journey begins with a flight from Australia to Buenos Aires.

Home to a proud and diverse community of porteños, or 'people of the port', this city is a sensuous fusion of faded European



splendour and Latin American panache.

There are plenty of places to explore, including many parrillas serving authentic Argentine steak. Or maybe you'd like to practise your dance moves in the famous hometown of the tango.

[Day 3 Early start in Ushuaia](#)

Setting off at the bottom of the world

Your adventure begins with an early morning flight to Ushuaia, where you'll meet our hybrid-powered expedition ship, specially designed for sustainable cruising in polar waters.

This bustling port is the capital of Argentina's Tierra del Fuego Province. Set against the magnificent backdrop of the Martial Glacier, Ushuaia vies for the title of the world's southernmost city.

After a briefing from your Expedition Team, you'll have time to locate your cabin and explore the comforts and amenities on board.

[Day 4-5 Get set for Antarctica](#)

Cross the Drake Passage

On the two-day crossing through the Drake Passage, the

Expedition Team will equip you with all you need to make the most of your polar expedition.

Visit the onboard Science Center and find out what lies ahead. Listen to experts talk passionately about Antarctica's history, the science beneath the ice, and the impact of climate change and plastic pollution. You'll learn how to make your visit as safe and as low-impact as possible, and about the Citizen Science projects you can join.

There's plenty of time to relax, so unwind in the spa and wellness area, enjoy some delicious cuisine and meet fellow travellers in the Explorer Lounge & Bar.

[Day 6-10 Antarctica: another world](#)

Experience Antarctica in all its natural majesty

Nothing prepares you for your first sight of Antarctica's immense, frozen beauty. Surrounded by looming glaciers, and icebergs the size of floating cathedrals, Antarctica will fill you with wonder. Perhaps the most surprising part of Antarctica is the silence. It's a stillness that's broken every so often by the locals - the wildlife.

Whales begin to arrive in greater numbers by December and January. This is also when the first penguin chicks hatch and seeing the clumsy clumps of feathers run around is always a charming sight. February and March offer peak whale-watching opportunities, when large amounts of krill lure them to the area.



Day 13 Ushuaia and Buenos Aires

Here, nature is king, and we are mere observers. Our experienced Captain will continually monitor conditions to create the best possible itinerary for your adventure. Rest assured, each day will offer something different and thrilling.

You'll join the Expedition Team on landings and ice-cruises, and may even get a chance to go kayaking among the icebergs.

Back on board, the Expedition Team will continue their lectures, helping you grow in your insights of the frozen continent. Over five magical days, you'll experience this amazing world in a way that will stay with you for a lifetime.

Day 11-12 Returning to warmer waters

Heading back north across the Drake Passage

After five incredible days, you'll have experienced so much in Antarctica. Your head will likely be filled with a swirling kaleidoscope of special memories and impressions. The next couple of days will be a chance to reflect on your adventure to the seventh continent.

As your mind tries to conjure up the magical Antarctic scenery, now could be a good time to sift through your photos and videos to recapture a sense of its magnitude. Why not take the chance to unwind in the sauna, or enjoy a few relaxing spa treatments in the wellness area.

From Ushuaia to Buenos Aires

Your expedition cruise ends in Ushuaia, the main city in Tierra del Fuego, Argentina's southernmost province. After arriving in Buenos Aires, you'll have an overnight to explore the city further.

Day 14-15 Buenos Aires to Australia

From Buenos Aires to Australia

You'll be transferred to the airport in Buenos Aires and take your flight back to Australia.

But it doesn't have to be the end of your adventure. Why not join our optional Post-Programme before heading home.

Please note:

Itineraries are subject to change.



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YOUR SHIP: FRIDTJOF NANSEN

YOUR SHIP:

Fridtjof Nansen

VESSEL TYPE:

LENGTH:

PASSENGER CAPACITY:

BUILT/REFURBISHED:

Fridtjof Nansen is a small cruise ship specifically designed to be one of the most sustainable ships that can visit the Polar regions. Launched in 2020, The state of the art vessel features new and environmentally sustainable hybrid technology that will reduce fuel consumption and show the world that hybrid propulsion on large ships is possible. MS Fridtjof Nansen is the second of two hybrid ships to be launched cutting emissions by sailing with electrical propulsion. Hybrid technology, combined with the advanced construction of the hull and effective use of electricity on board will reduce fuel consumption and CO2-emissions on the ships by 20 percent. The future of shipping will be silent and emission free. MS Fridtjof Nansen will lead the way towards an even more sustainable way of traveling. Sailing on electrical power is not only a great benefit for the environment, but it will also enhance the impact of experiencing nature for the guests. The ship will be specially constructed for voyages in polar waters and serve as a comfortable basecamp at sea - bringing adventurers from all over the world to the most spectacular destinations in the most sustainable way. These ships combine state-of-the-art technology together with a premium onboard experience. All cabins are outside, half have

private balconies, and aft suites even boast private outdoor Jacuzzis, to soak up the stunning scenery in style. Facilities on board One of the most eye-catching exterior design features of the ships will be the two-level indoor/outdoor Observation Deck wrapped around the top of the ships' raked bow. In a vast area behind it, you'll find the core of the onboard experience: Amundsen Science Center. Packed with state of the art technology and high tech gadgets such as touch screens and science equipment, the immersive edutainment area will be the place guests and staff/crew meet, mingle and create a deeper understanding for the areas they explore. The flexible venue will feature lecture spaces, a small library, and speciality areas for workshops in photography, biology, and more. The stunning scenery will be reflected in a rich and comfortable interior design. Scandinavian materials from nature, such as granite, oak, birch and wool will be used to create relaxed and stylish cabins and public areas. All cabins are outside, 50 % will have private balconies, aft suites will feature private outdoor Jacuzzis with



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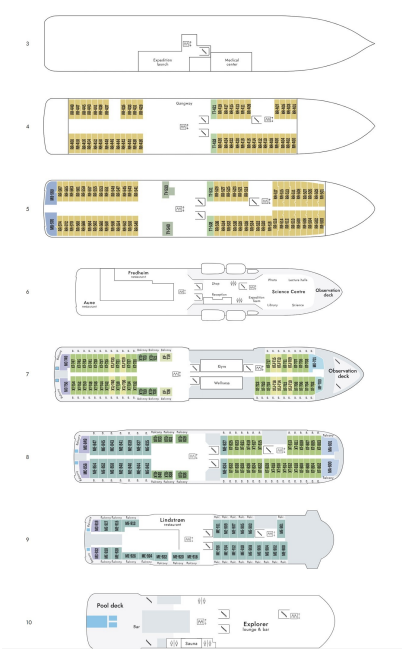
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INSIDE YOUR SHIP



Arctic Superior. From Expedition Suite. From



Polar Outside. From





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PRICING

29-Oct-2025 to 12-Nov-2025

Expedition Suite. From	£12089 GBP pp
Polar Outside. From	£8945 GBP pp
Arctic Superior. From	£9625 GBP pp

08-Nov-2025 to 22-Nov-2025

Expedition Suite. From	£12979 GBP pp
Polar Outside. From	£9735 GBP pp
Arctic Superior. From	£10435 GBP pp

18-Nov-2025 to 02-Dec-2025

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Polar Outside. From	£9929 GBP pp

27-Nov-2025 to 11-Dec-2025

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Polar Outside. From	£11155 GBP pp

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PRICING

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Expedition Suite. From	£12979 GBP pp

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Expedition Suite. From	£12345 GBP pp
Arctic Superior. From	£9879 GBP pp

15-Mar-2026 to 29-Mar-2026

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Arctic Superior. From	£9879 GBP pp
Expedition Suite. From	£12345 GBP pp



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